

## Key Messages about Children



Being healthy,
happy and
safe is vital for
a child's
wellbeing and
development

Children learn language by listening to it and using it

The brain develops through use

Good food, health and exercise are really important

Children learn through being engaged and doing things

Children learn from watching and copying the people around them

Children grow and learn best in loving and caring relationships

> Babies are born ready to learn

Children are born ready to use and learn mathematics

Helping
children learn
self-control is critical
for their learning,
responsibility and
relationships



The first five years of a child's life are crucial and help set them up for life





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